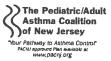
Asthma Treatment Plan — Student (This asthma action plan meets NJ Law N.J.S.A. 18A:40-12.8) (Physician's Orders)







(Please Print)

REVISED AUGUST 2014

/ I icase i i	,						
Name			Date of Birth		Effective Date		
Doctor	-		Parent/Guardian (if applicable)		Emergency Contact		
Phone		 -	Phone		Phone		
HEALTHY	(Green Zone)	me	ke daily control more effective with a	a "spacer" – use i	f dire	cted.	Triggers Check all items that trigger
1	 Breathing is good 		MEDICINE HOW MUCH to take and HOW OFTEN to take it ☐ Advair® HFA ☐ 45, ☐ 115, ☐ 2302 puffs twice a day			patient's asthma:	
	 No cough or wheeze 	Ae	☐ Aerospan™ ☐ ☐ 1, ☐ 2 puffs twice a day ☐ Alvesco® ☐ 80, ☐ 160 ☐ ☐ 1, ☐ 2 puffs twice a day ☐ Delay® ☐ 100 ☐ 200				□ Colds/flu
J. (3/2)	• Sleep through	☐ Alv	esco® 🗆 80, 🗆 160		puffs tw	rice a day	□ Exercise
the night		11 100	leta™ i i i i i i i i i i i i i i i i i i i	2 nutte twice a day			□ Allergens
DATE:	 Can work, exercise, 	11 150	vent® [44 1111 1221	2 nuffe tu	iica a dai	,	 Dust Mites, dust, stuffed
	and play	□ uv	ar® 40, 80		puffs twi	ce a day	animals, carpet
		hA 🗀	vair Diskus® 🗀 100 🗀 250 [L I,	puns twi	ce a day	o Pollen - trees,
							grass, weeds
			☐ Asmanex® Twisthaler® ☐ 110, ☐ 220 ☐ 1, ☐ 2 inhalations ☐ once or ☐ twice a day ☐ Flovent® Diskus® ☐ 50 ☐ 100 ☐ 250 ☐ 1 inhalation twice a day				O Mold
		I □ Pu	micort Fiexnaier 🖺 90, 🔲 🗍	80 1. 2	inhalatior	nhalations 🗀 once or 🦳 twice a day	⊃ Pets - animal dander
			micort Respules® (Budesonide) 🔲 ().25, 🔲 0.5, 🔲 1.01 unit neb	ulized 🗌	once or 🔲 twice a day	Pests - rodents.
			gulair® (Montelukast) 🔲 4, 🗍 5	, 🗀 10 mg1 tablet da	aily		cockroaches
And/or Peak	flow above						Odors (Irritants)
, maron i can							○ Cigarette smoke & second hand
	If oversies trigger		remember	to rinse your mouth af	ter taki	ng inhaled medicine.	a malia
	ii exercise trigger	s your astn	ma, take	puff(s)	min	utes before exercise.	o i di idiliba,
CAUTION	(Yellow Zone)						cleaning products,
CAUTION			ntinue daily control m	edicine(s) and ADD qu	uick-re	lief medicine(s).	scented
	You have <u>any</u> of th	ese: MED	MEDICINE HOW MUCH to take and HOW OFTEN to take it				products
• Cough • Mild wheeze							O Smoke from
			☐ Albuterol MDI (Pro-air® or Proventil® or Ventolin®) _2 puffs every 4 hours as needed ☐ Xopenex®2 puffs every 4 hours as needed				burning wood, inside or outside
85 63	Tight chest		utoral 105 0 5 mm	2 putts	every 4 i	nours as needed	□ Weather
0	 Coughing at night 	Aib	uterol 🔲 1.25, 🖂 2.5 mg	1 unit n	ebulized	every 4 hours as needed	o Sudden
CON	• Other:		☐ Duoneb®1 unit nebulized every 4 hours as needed ☐ Xopenex® (Levalbuterol) ☐ 0.31, ☐ 0.63, ☐ 1.25 mg _1 unit nebulized every 4 hours as needed				temperature change
			Deflex (Levalunterol) U.31,	10.63, 🔲 1.25 mg _1 unit n	ebulizea	every 4 hours as needed	Extreme weather
If quick-relief medicine does not help within			☐ Combivent Respimat®1 inhalation 4 times a day ☐ Increase the dose of, or add:				 hot and cold
15-20 minutes or has been used more than			Untrease the dose of, or add:				 Ozone alert days
	nptoms persist, call your						☐ Foods:
	the emergency room.	• 11	quick-relief medici	ne is needed mor	e tha	n 2 times a	o
And/or Peak flow from to			week, except before exercise, then call your doctor.				o
EMEDGE	NCY (Red Zone)						0
LIVILITALI		, , –	ake these me	dicines NOW	and	CALL 911.	Other:
Same	Your asthma is		sthma can be a life	e-threatening illne	ess. D	o not wait!	o
1	 getting worse fast Quick-relief medicine 	:	EDICINE			HOW OFTEN to take it	0
CHA	not help within 15-20	minutes 🔲	Albuterol MDI (Pro-air® or Pr	oventil® or Ventolin®) 4	puffs ev	ery 20 minutes	
	. Breathing is hard or f	ast 🗀	Xopenex®	4	puffs ev	ery 20 minutes	This asthma treatment
HH	 Nose opens wide • Ri 	bs show 🗆	Albuterol 🗌 1.25, 🔲 2.5 mg	1	unit nebi	ulized every 20 minutes	plan is meant to assist,
	Trouble walking and	talking	Duoneb®	1	unit nebi	ulized every 20 minutes	not replace, the clinical
And/or	• Lips blue • Fingernai	is blue	Xopenex® (Levalbuterol) 0.31	I, □ 0.63, □ 1.25 mg1	unit nebi	ulized every 20 minutes	decision-making
Peak flow below	• Other:		Combivent Respimat® Other	1	inhalatio	n 4 times a day	required to meet
			Other				individual patient needs
Disclaimers: Fit are a testience, PACAL projects on earlies of least, Fig. 4 tennes pune. Doti into of least energy and all of least as four ob-	Actions Treatment Has a tell as a first in a pour countries. The content is As has been at it. More Abbets (Au AMAN), the Forestic Abbet Assens As more as on inclined, a tell above or otherwise, excluding a but on			(\$)			
Exists of versions, and in least as firm in a minimal matter or males, respectively. But the indicate the property of the control of the cont			Self-administer Medication:	PHYSICIAN/APN/PA SIGNATURE		81 11	DATE
while it in the core in all you do the content of its days frames flavored from their best assents a crain that you do not see that the self-and content of its day for the self-and content of its day for the days of the content of its days for the self-and content of its days for its days for the self-and content of its days for the self-and			capable and has been instructed	Physician's Orders		Physician's Orders	
			nethod of self-administering of the inhaled medications named above	PARENT/GUARDIAN SIGNATURE			
THE CASE FOR THE WAY AND THE STATE AND ADDRESS OF THE STATE OF THE STA	ent of their and Some Factories with Control or single policy (S. Carles). A pression SUIDS-00065° V. Brussians have with, by any concluding or districted the factories or Dreamsterne Feedbase Seven Some as not to	in accordance	with NJ Law,				_
CLS. LEVERS OF ONE LEGISTER OF PERMANER, AND CONTRACT CONTRACT ON A SERVICE CONTRACT A CONTRACT OF A	ABY BE DO AN OF THE BUSH BUSH BUSH DO A VEN A PROPERTY BOOK AND A VEN AND A PROPERTY BOOK AND A VEN AND A		s <u>not</u> approved to self-medicate.	PHYSICIAN STAMP			
COME STREET BOOK STREET BOOK	Therefore, in the teacher by refer that years of the Arma year in control and white the child in the control and the child in the child			The state of the s			

Make a copy for parent and for physician file, send original to school nurse or child care provider.