



Saint Clare's
Health

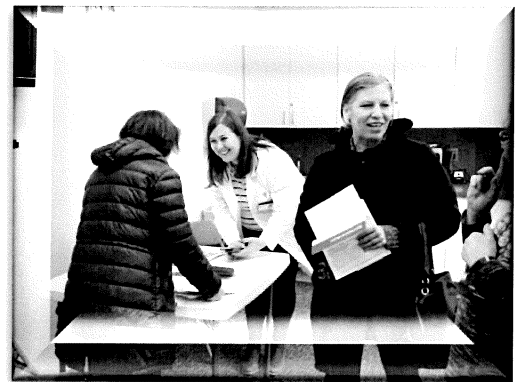
saintclares.com

MINGLE WITH MARY: MEET A GERIATRIC NURSE PRACTITIONER

**FRIDAY, APRIL 5 FROM 8:30-11AM &
FRIDAY, MAY 3 FROM 8:30-11AM
FREE AND OPEN TO THE PUBLIC
LAKELAND HILLS FAMILY YMCA**

WHAT

It's time again to Mingle with Mary! Mary Donovan is an advanced practice nurse who is board certified as an Adult-Geriatric Primary Care Nurse Practitioner. She is with Saint Clare's Hospital as the Geriatric Nurse Practitioner- a role designed to help seniors with chronic conditions manage their health and wellness. **Come meet Mary for an open Q&A the same morning as Senior Breakfast. Free program open to all.**



WHEN

Date: Friday, April 5 from 8:30-11am

Topic: National Healthcare Decisions Day, which exists to inspire, educate and empower the public and providers about the importance of advance care planning.

Date: Friday, May 3 from 8:30-11am

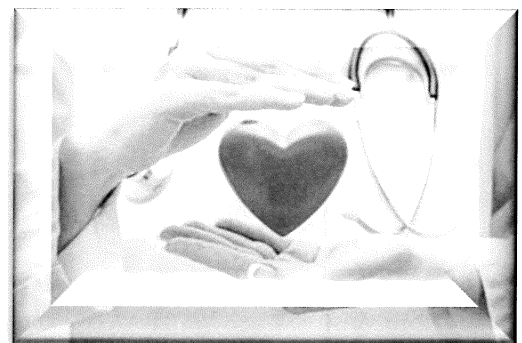
Topic: Arthritis and Stroke Awareness Month. Mary will have a special guest, Fran Mastropole, Saint Clare's Health Orthopedic Nurse Navigator. Free literature & info.

LOCATION

Main Lobby of the Y

CONTACT

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LAKELAND HILLS FAMILY YMCA

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