

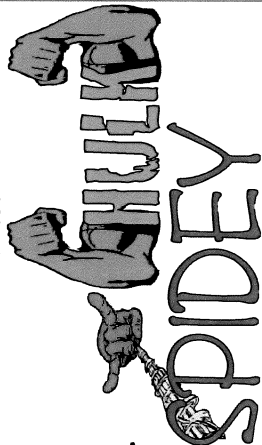
It's a FREE Community Event For Kids & Their Families

# Healthy Kids Day

SATURDAY, APRIL 18th • Noon-3pm

Come to a FREE, fun-filled afternoon of activities designed to promote healthy kids & families! First 200 kids get a FREE T-Shirt! Check our website for a complete schedule of events.

- Visit the Bear Care Unit and Stuff-a-Bear (first 200 families receive a free bear)
- Meet, play and have your photo taken with your fitness "superhero"
- Compete in interactive techno games and win something!
- Get a workout in the "Spidey" inflatable or with "Hulk" in the Health & Fitness Center
- Take part in the Family Hot Shot Contest (and meet Kim Hampton, NY Liberty player)
- Enjoy family swim - bring your suits & towels.....Plus Much More!



**Drawings for GREAT prizes!**

- FREE Family Memberships • FREE Autographed Sports Memorabilia
- FREE Gift Certificate to Marty's Reliable Cycle • FREE NY Liberty Basketball Tickets

**Lakeland Hills** 100 Fanny Road, Mountain Lakes  
**Family YMCA** (973) 334-2820  
 INSPIRING A HEALTHY COMMUNITY

[www.lakelandhillsymca.com](http://www.lakelandhillsymca.com)

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