

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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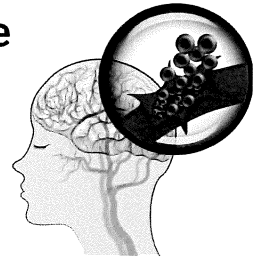
# THE POWER TO END STROKE

TUESDAY, APRIL 23 @ 6:00PM  
LAKELAND HILLS FAMILY YMCA  
PRESENTED BY ATLANTIC HEALTH

The question of how to tell if you are having a stroke has been in the news lately as Luke Perry's passing has us all asking the same question: How could this happen to someone so young?

The power to end stroke is an education and awareness campaign seeking to reduce the incidence of stroke. It celebrates and embraces the culture, energy, creativity, and lifestyles of Americans and empowers them to take charge of their health. Please join us to learn how to prevent, treat and beat stroke so you can live your best life. This is a free community program open to all. Guest speaker is Connie Mastrangelo, BSN, Stroke Program Coordinator.

**15 Possible  
Stroke  
Symptoms  
to Never  
Ignore**



## DATE & TIME

**Tuesday, April 23 from 6:00-6:45pm**

## REGISTRATION

**Click: [www.lakelandhillsymca/programs/events](http://www.lakelandhillsymca/programs/events), call or come in!**

## CONTACT

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## LAKELAND HILLS FAMILY YMCA

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