



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH INDOOR SPORTS LEAGUES



## REGISTRATION BEGINS

MEMBERS: September 17  
NON-MEMBERS: October 8

## INSPIRING CONFIDENCE

# Y MEMBERSHIP IS NOT REQUIRED



### Grades K-4

December 3 – February 13

- Mon (K-1<sup>st</sup>)
- Tues (3<sup>rd</sup>-4<sup>th</sup>)
- Wed (1<sup>st</sup>-2<sup>nd</sup>)

Games played 5-6PM or 6-7PM  
Schedule will be distributed



### Ages 5-12

December 1 – February 9

Games played on Saturdays

5-6 yrs	11:30 - 12:15
7-8 yrs	12:30 - 1:15, 1:15 - 2:00
9-12 yrs	2:00 - 2:45, 2:45 - 3:30

Schedule to be distributed

## Youth Sports at the Y are fun, fair & for everyone!

- Fee includes T-shirt & award
- Volunteer coaching opportunities available
- Final registration deadline is November 5
- Register NOW as enrollment is limited



## LAKELAND HILLS FAMILY YMCA

100 Fanny Road, Mountain Lakes, NJ 07046

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[www.lakelandhillsymca.com](http://www.lakelandhillsymca.com)