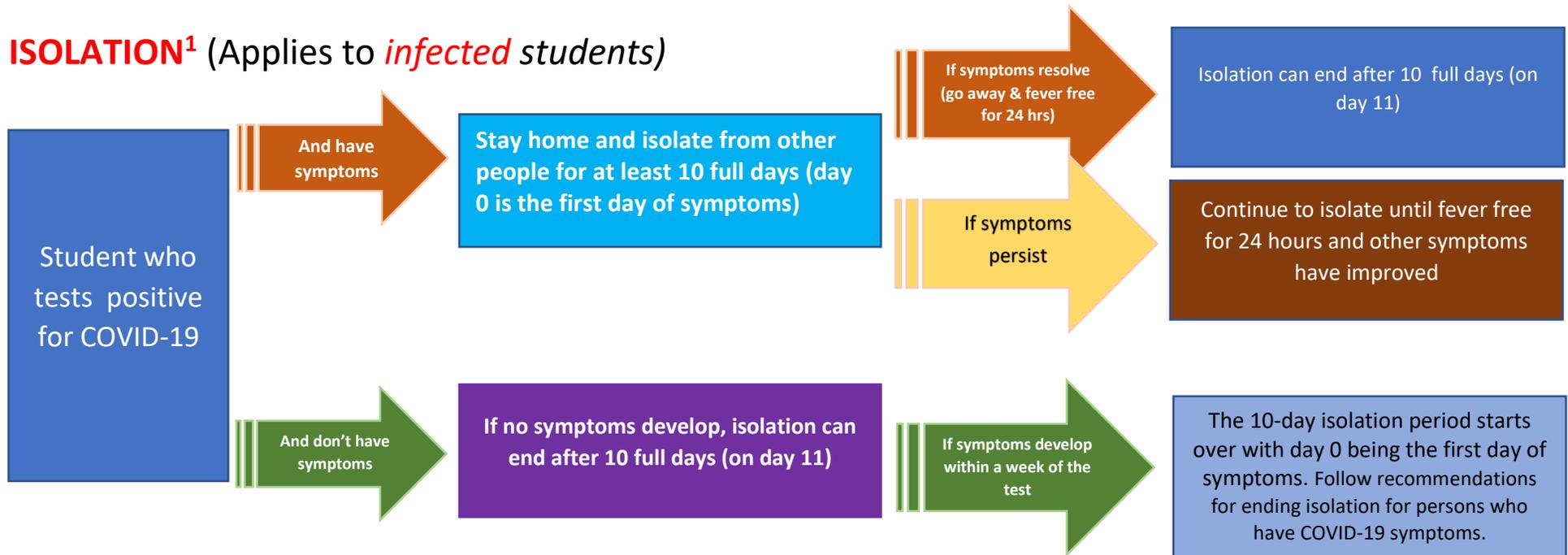


# COVID-19 ISOLATION AND QUARANTINE TIMEFRAMES *FOR STUDENTS*

## ISOLATION<sup>1</sup> (Applies to *infected students*)



## QUARANTINE (Applies to *students exposed to someone with COVID-19*)

### Who does **not** need to quarantine?

Individuals in the following groups who had close contact with someone with COVID-19 do NOT need to quarantine but should wear a well-fitting mask around others for 10 days and get tested at least 5 days after the last close contacts. If the test is positive or if COVID-19 symptoms develop, follow isolation recommendations.

- Students 5-18 years old who completed the primary series of COVID-19 vaccine (2 weeks post the second dose of the vaccine).
- Students who had confirmed COVID-19 within the last 90 days (positive viral test).

### Who should quarantine?

Individuals in the following groups who had close contact with someone with COVID-19 DO need to quarantine and should take additional precautions during and after quarantine:

<sup>1</sup> If you are symptomatic with COVID-like symptoms or were exposed and are waiting (Lab-based) test results, please isolate until you receive the results.

- Persons who are not fully vaccinated (haven't completed a primary vaccine series).

## During quarantine

- Stay home and away from other people for either one of the following shortened quarantine periods:
  - 10 days (return to normal activities on day 11) after the last close contact with a person who has COVID-19, continue to monitor for symptoms through day 14.
    - **The date of the exposure is considered day 0.**
    - If COVID-19 symptoms develop, get tested and follow isolation recommendations.
  - 7 days (return to normal activities on day 8) with a negative test that is taken on day 5, 6, or 7 after exposure, continue to monitor for symptoms through day 14
    - **The date of the exposure is considered day 0.**
    - If COVID-19 symptoms develop, get tested and follow isolation recommendations.

## EXCEPTIONS AND SPECIAL CIRCUMSTANCES

### Household settings

Isolation and quarantine can be challenging in households, particularly when caregiving is involved. Persons with COVID-19 should stay home and isolate away from other people for at least 5 full days and wear a well-fitted mask around others in the home (and in public) for 5 additional days. Those who are unable to consistently wear a mask at home should isolate from household members for a full 10 days.

**Household contacts who can't isolate away from the household member with COVID-19 should start their quarantine period on the day after the household member would have completed their 10-day isolation period, UNLESS the household member is able to consistently wear a well fitted mask in the household through day 10, in which case the quarantine period would start on the day after the household member completes their 5-day isolation period.**