May 8, 2020

Dear Families,

I hope you are all well and that you had a good week. Your child may be asking more questions and wondering about Covid-19, especially since learning our time away from school has been extended. Sometimes it is difficult to know what to say in response to their questions and how much to say so they feel safe and know facts that are appropriate for their age.

There are two books about Coronavirus recently published online for kids that you may find helpful. The <u>first book</u> tells all about the coronavirus in an informative way that helps kids understand the scientific facts and answer their questions. The second is an <u>online guide</u> that tells about the virus and focuses on processes feelings they may be experiencing because of the pandemic.

You can also find copies of these books in the related links section of the counseling website. I hope you too find it to be additional tools that help you guide your child through their questions and concerns.

As always, if you would like more information on this topic or would like to discuss it further, email me at tinneys@kinnelon.org. Stay safe and be well!

Best, Sarah Tinney