














# Kiel School

Maschio's Food Services, Inc.

## November Menu 2011

Healthy Meals Grow Healthy

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FRUIT AND VEGGIE OF THE MONTH</b> <b>GRAPES SPINACH</b> 	<b>1</b> Baked Macaroni and Cheese Green Beans Fruit of the Day Milk Choice	<b>2</b> Chicken Nuggets Whole Wheat Roll Mashed Potatoes Fresh Grapes Milk Choice 	<b>3 <u>National Sandwich Day</u></b> Grilled Cheese on Whole Wheat Vegetable Soup Chilled Peaches Pudding & Milk Choice	<b>4</b> Personal Pan Pizza Spinach Salad Chilled Fruit Cup Milk Choice 
<b>7</b> EARLY DISMISSAL NO LUNCH SERVED	<b>8</b> EARLY DISMISSAL NO LUNCH SERVED	<b>9</b> EARLY DISMISSAL NO LUNCH SERVED 	<b>10</b> TEACHERS CONVENTION SCHOOLS CLOSED	<b>11</b> TEACHERS CONVENTION SCHOOLS CLOSED
<b>14</b> Nacho Platter Meat, Cheese & Chips Vegetable of the Day Chilled Fruit Cup Milk Choice 	<b>15</b> Sweet & Sour Chicken Steamed Rice Stir Fry Veggies Fresh Grapes Milk Choice 	<b>16</b> Cheese Pizza Spinach Salad Chilled Fruit Cup Milk Choice Fruit Gelatin 	<b>17</b> Corn Dog on a Stick Tater Tots Chilled Peaches Milk Choice	<b>18 <u>Thanksgiving Feast</u></b> Roast Turkey/ Stuffing Sweet Corn/Roll Mashed Potatoes/Gravy Fruit Crisp Milk Choice 
<b>21 <u>Breakfast for Lunch</u></b> French Toast Sticks and Syrup Turkey Ham Hash Brown Applesauce Milk Choice	<b>22</b> Pasta with Meatballs Dinner Roll Spinach Salad Fresh Grapes Milk Choice 	<b>23</b> EARLY DISMISSAL NO LUNCH SERVED	<b>24</b> THANKSGIVING DAY	<b>25</b> SCHOOLS CLOSED
<b>28</b> Twin Tacos Meat, Cheese and Salsa Lettuce and Tomato Peach Cup Milk Choice	<b>29</b> Pasta with Meat Sauce Italian Bread Spinach Salad Fruit Cup Milk Choice 	<b>30</b> AJ's Pizza Baby Carrots and Dip Fresh Grapes Milk Choice 		Mac Maschio says... Healthy Meals Grow Healthy Kids 

Student Lunch \$ 2.60  
 Adult Lunch \$ 3.10

**SIDEKICKS**

Entrée \$2.35  
 Cold Sandwich \$2.35  
 Adult Milk \$0.65  
 Milk \$0.55  
 Fresh Fruit \$0.75  
 Baked Chips \$0.75  
 Home Baked Cookie \$0.35  
 Ice Cream \$0.85/\$1.00  
 Hot Pretzel \$0.35/\$.75  
 Spring Water \$.50/1.00  
 100% Juice Cup \$0.50  
 Soup & Crackers \$1.25  
 Veggie Dippers \$1.75


 \$2.60/\$3.10  
 Alternate Daily Choice  
 Peanut Butter & Jelly  
 Sandwich or Cereal / Yogurt Bag  
 Includes:  
 Cereal/Yogurt, Protein,  
 Vegetable Stick, Fruit,  
 Milk Choice


**Alternate Lunches**  
 \$2.60  
**Lunch Entrée**  
 Monday: Chicken Caesar Salad  
 Tuesday: Turkey and Cheese Wrap  
 Wed.: Cheeseburger/ bun  
 Thursday: Chicken Surprise  
 Friday: Muffin Bag

Choice of flavored or unflavored low fat milk, with all meals. Pre-payment of meals and snacks are available through the Cafeteria.  
 10 lunches \$26.00  
 20 lunches \$52.00



Make checks payable to:  
 Kinnelon Board of Education

CUCINA ITALIA

\$2.60/\$3.10

Pizza

Served Weekly WITH SIDE SALAD



Bread Basket Available Daily

