

KINNELON COLTS SPORTS ACADEMY
KINNELON HIGH SCHOOL
121 KINNELON ROAD
KINNELON, NEW JERSEY 07405

KINNELON COLTS SUMMER SPORTS ACADEMY 2009



Kinnelon High School
121 Kinnelon Road
Kinnelon, NJ 07405
973-838-8034
www.kinnelonpublicschools.org/khs

IMPORTANT INFORMATION

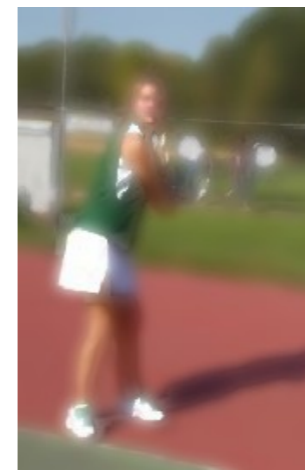
**HOTLINE NUMBER (IN CASE OF
INCLEMENT WEATHER, PLEASE
CHECK THIS MESSAGE TO SEE IF THE
CLINIC WILL TAKE PLACE)**
973-838-6323

**OFFICE NUMBER (FOR ANY
OTHER QUESTIONS)**
973-838-8034

**OFFICE EMAIL (FOR ANY OTHER
QUESTIONS)**
RosenbergS@kinnelon.org

ATHLETIC FAX NUMBER
973-492-2907

**YOU MUST SEND IN SEPARATE
REGISTRATION FORMS FOR
EACH CHILD (EVEN FROM SAME
FAMILY)**



Kinnelon Colts Summer Sports Academy



Who should participate?

All students who are entering grades 4-9 for the 2009-2010 school year. Each athlete will be provided with an official Kinnelon Sports Academy T-Shirt

How long does the academy day run?

Sessions will run daily from 9:00 am to 12:00 pm

How will my child benefit from this program?

Your child will learn the sport from our high school coaches and players. They will be placed in a non-threatening environment where they will have fun and also learn a lot.

PROGRAM DESCRIPTIONS

Baseball / Softball- The emphasis in these areas will be on the development and refinement of skills basic to these sports. Time will be spent emphasizing throwing, catching, and hitting skills. Team offense and defense strategies will be presented in game situations.

Basketball- This clinic will instruct the basics of the game. Drills will reinforce proper dribbling, passing and shooting form. Individual and team defensive skills will be introduced through drills and reinforced game situations.

Football- Drills and techniques will be developed with an emphasis on offensive skills utilized in the Kinnelon Colts System. Proper techniques for offensive and defensive skills will be taught through drills and game competition.

Lacrosse- This clinic will instruct the players on proper fundamentals for offensive and defensive play. Emphasis will be placed on passing and shooting techniques as well as team offensive and defensive play. Game strategy will be emphasized ****Participants must have equipment****

Soccer- Ball control is the number one requirement of any player. Through a series of drills and game situations, players will be taught the fundamentals essential to this premise. One v. One skills, defensive and offensive principles, shooting and passing will be stressed.

Wrestling- Conditioning, techniques and fundamentals will be emphasized in this one-on-one sport. Top and bottom moves will be presented through various drills along with takedown moves and strategies. Participants will demonstrate their knowledge through match competition.

Volleyball- Besides an opportunity to have fun, the camp will offer lectures and demonstrations as well as quality instruction and training. Emphasis will be on individual skills and team techniques.

Track- Track and Field fundamentals and training techniques will be the focus of this academy. A great way to learn more about track and also to get in shape. A perfect academy for any athlete. For boys and girls. The Kin-Olympics will be our culminating activity.

Fitness and Fun- An opportunity for campers to increase their fitness while participating in various relay games and traditional "playground" games in a positive learning environment. Activities will include proper stretching and cardiovascular activities, along with kickball, capture the flag and various other team-based activities.

Tennis- New for 2009. This camp will stress the fundamentals of tennis. Emphasis will be placed on the technique and tactics essential to the game. Instruction on singles and doubles as well as the rules of the game will be taught **(At Boonton Avenue Courts)**.

STAFF

Coed Tennis- 6/29-7/3

Jon Cataldi, Varsity Tennis Coach

Boys' Lacrosse- 6/29-7/3

Kevin Kelly, Varsity Lacrosse Coach

Girls' Basketball- 7/6-7/10

Stephanie Finke,
Varsity Basketball Coach

Baseball- 7/6-7/10

Pete Haubruck, Varsity Baseball Coach

Girls' Lacrosse- 7/13-7/17

Faith Wilson, Varsity Lacrosse Coach

Stephanie Finke, Lacrosse Coach

Wrestling- 7/13-7/17

Brian McDonald,
Varsity Wrestling Coach

Girls Soccer- 7/20-7/24

Steve Racine, Varsity Soccer Coach

Track and Field- 7/20-7/24

Jim Soules, Varsity Track Coach

Celeste Denman, Varsity Track Coach

Boys Basketball- 7/27-7/31

Sean Rivers, Varsity Basketball Coach

Softball- 7/27-7/31

Danielle Patlen, Varsity Softball Coach

Football- 8/3-8/7

Kevin White, Varsity Football Coach

Boys Soccer- 8/3-8/7

Nick Stokes, Varsity Soccer Coach

Fitness and Fun (b+g)- 8/10-8/14

Jim Soules, Varsity Track Coach

Celeste Denman, Varsity Track Coach

Girls Volleyball- 8/17-8/21

Stephanie Manco,
Varsity Volleyball Coach

KINNELON COLTS SUMMER SPORTS ACADEMY REGISTRATION

Name: _____

Street: _____

Town: _____

Zip: _____ Phone: _____

2009-2010 Grade in School _____ Sex: _____

T-Shirt Size (Circle One) YL S M L XL

ACTIVITIES (PLEASE CHECK)

6/29-7/3	Coed Tennis	_____
6/29-7/3	Boys Lacrosse	_____
7/6-7/10	Girls Basketball	_____
7/6-7/10	Baseball	_____
7/13-7/17	Girls Lacrosse	_____
7/13-7/17	Wrestling	_____
7/20-7/24	Girls Soccer	_____
7/20-7/24	Track (boys+girls)	_____
7/27-7/31	Boys Basketball	_____
7/27-7/31	Softball	_____
8/3-8/7	Football	_____
8/3-8/7	Boys' Soccer	_____
8/10-8/14	Coed Fitness+Fun	_____
8/17-8/21	Girls Volleyball	_____

Total Cost (# activities X \$140) _____

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 ☆ MAIL AND CHECKS MADE OUT TO: ☆
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 ☆ COLTS SPORTS ACADEMY ☆
 ☆ KINNELON HIGH SCHOOL ☆
 ☆ 121 KINNELON ROAD ☆
 ☆ KINNELON, NJ 07405 ☆
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 ☆ DEADLINE: JUNE 5, 2009 ☆
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