



Healthy Food Choices

As a Kindergarten Team, we promote healthy eating and encourage you to select snacks that coincide with our philosophy.

Milk is offered at the beginning of the year. Information will be sent to you the first week of school.

After careful consideration, we ask that the following foods are not sent with your child for a variety of reasons, including nutritional value and safety -

- * Lunchables
- * Dole Metal Fruit Cups
- * Any glass containers
- * Soda

The Kindergarten Team