

STONYBROOK COUNSELING CORNER

I hope the first weeks of school have gone smoothly for you and your children. Here are some things that are going on in and around the Guidance Office.

My first small group has been the **Newcomer's Club**. This group meets four times starting the second week of school. The purpose of this group is to help ease the transition of new students to the district. To further help new students, they were assigned a **Peer Buddy**. These students were chosen for their demonstrated leadership and good character. They assisted the new students to their buses and answered any questions. It has been a pleasure meeting the new children of Stonybrook!

In addition to the Newcomer's Club, there will also be groups this year for **Changing Families, Friendship Groups and Organizational Skills**. If you think your child might benefit from one of these groups, please contact me so I can give you more information about it.

I will also be teaching **guidance lessons** this month. The classes and I will be talking about what a counselor is and the ways in which I can help them succeed at school. Then I will be doing lessons aligned with the prevention of bullying. The school wide theme this month is **BE HERE**. Ask your children about the morning announcements as well as my visits to their classrooms to see what they have learned.

I am here to help your child succeed academically, emotionally and socially. Do not hesitate to call me with any concern. I can be reached at 973-838-1881 x302 or you can email me at ludwigj@kinnelon.org.

Joy Ludwig M.A.T, M.Ed., N.C.C.
Guidance Counselor