

Parent Permission Form for Sports Physicals

A physical examination is mandatory for participation in after-school sports at PRM and KHS.

The school doctor will be here on a Wednesday in June to perform sports physicals for student participation in school sports for the 2009-2010 school year. This includes 8th grade students. The forms will be sent to KHS with their health records.

If you wish for your child to have a school physical please complete:

- 1. This permission form**
- 2. All pages of the Health History Questionnaire**
- 3. The Student Information section of the Physical Exam form**

RETURN THESE 3 FORMS NO LATER THAN 5/08/09

The physical may also be performed by your family physician using the attached forms. In order to comply with state regulations, a physical must be done within a year of the first tryout date. State guidelines mandate that private physicals be reviewed by the school physician. The school nurse arranges for this process. Because of the time involved in this process, private physicals should be sent to the school nurse no later than 2 weeks before the start of tryouts. Students will not be permitted to tryout or play without submitting a properly completed health history and physical to the school nurse.

Call Mrs. Prall if further information is needed, 973-838-5250.

THANK YOU!

I give permission for my child to have a sports physical performed by the school doctor.

PRINT Student Name

Parent Signature

Date