

FAMILY NIGHT OUT!



The Strengthening Families Program Provides:

- ☺ Fun group activities for parents and children.
- ☺ A delicious meal is served each week!
(No cooking for a night)
- ☺ After dinner, parents and children meet separately to learn new skills and discuss topics of interest.
- ☺ Program is open to any English-speaking parents and their children (7-11 years of age) in New Jersey.



Fun 12 Week Program

FREE

From 6pm to 8:30pm
Starts January 7, 2009

This exciting program will give your entire family valuable tools to improve communication! Parents will learn how to increase their child's self-esteem and discipline them effectively. Children will learn life skills in dealing with challenging situations with peers and family.

SPACE IS LIMITED FOR THE WINTER SESSION!

To have your family participate, call to schedule an appointment

973-361-5555, EXT 120

One hundred years from now it will not matter what kind of car I drove, what kind of house I lived in, how much I had in my bank, nor what my clothes looked like. But the world may be ...a little better because... I was important in the life of a child.

~ Author Unknown ~~

HOPE
house

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