

# KINNELON HIGH SCHOOL

## GUIDANCE/COUNSELING DEPARTMENT

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### Student Profile

Student Name \_\_\_\_\_ Counselor \_\_\_\_\_

Please complete this form to help your counselor write your letter of recommendation so that it truly reflects your qualities and accomplishments. It should be returned to your counselor no later than September 17, 2004.

Colleges to which you might apply (circle your first choice if you have one):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Planned major and/or career goals:  
\_\_\_\_\_  
\_\_\_\_\_

Hobbies/Interests:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Part time and/or summer jobs during high school (include number of hours per week):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Community activities/Volunteer Work (include dates):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe your most meaningful extra-curricular activity and why.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What colleges, if any, have your immediate family members attended?  
\_\_\_\_\_  
\_\_\_\_\_

Please complete the back of this form.

How have you spent your summers during high school?

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Where have you traveled (in the United States and abroad) and what did you do?

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What are you most proud of?

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Explain the weakest part of your high school transcript:

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What are your best qualities?

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Describe any obstacles, events or hardships that affected you in high school:

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Describe a class or academic experience (paper, project, etc.) that really challenged you:

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Tell something interesting or important about yourself that most teachers or students may not know:

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Please use additional paper, if needed. You can also type your responses on your computer.