

# August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	<b>9 <u>Start of Pre Season</u></b> 7am-10am	10 Conditioning Practice 7am-10am	11 Conditioning Practice 7am-10am	12 Conditioning Practice 7am-10am	13 Conditioning Practice 7am-10am	14
15	UK ELITE CAMP	UK ELITE CAMP	UK ELITE CAMP	UK ELITE CAMP	UK ELITE CAMP	21 <b><u>1ST OFFICAL PRACTICE</u></b>
22	23 <b><u>OP 2</u></b>	24 <b><u>OP 3</u></b>	25 <b><u>OP4</u></b>	26 <b><u>OP 5</u></b>	27 <b><u>OP 6</u></b>	28 <b>MORRIS HILLS</b> Scrimmage 1
29	30 Practice 7am-10am	31 <b>ELMWOOD PARK</b> Scrimmage 2				